

"For us, warriors are not what you think of as warriors. The warrior is not someone who fights, because no one has the right to take another life. The warrior, for us, is one who sacrifices himself for the good of others. His task is to take care of the elderly, the defenseless, those who can not provide for themselves, and above all, the children, the future of humanity."

-Sitting Bull

PLANNING A WORKSHOP FOR 2018?

Plan early and contact Tiffany Ramsburg to reserve space.

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- Civil War Heroes
- Responsibility is Never Out of Fashion
- An Act of Patriotism
- Saluting Women Heroes
- Trust and Personal Responsibility in an Era of Change
- What is Leadership
- The Power of Words



Motivation: One Person at a Time

In honor of Native American Heritage Month, we share a lesson from one of our favorite Indian leaders, Sitting Bull. This Hunkpapa Lakota warrior had "earned his stripes" as both a warrior leader and a wise, civil leader. In his middle years, he gave up active fighting and spent his time as a medicine man. A thoughtful and generous man, he had gained a reputation for humanitarian deeds—securing the release of a white woman in 1864 and saving the life of an Assiniboine boy, whom he later adopted.

In the Plains Indian culture, no one individual literally commanded others; instead, he led through influence. In that environment, Sitting Bull worked continuously to communicate with other leaders, spending time talking with younger warriors as well as tribal elders. He also understood the value of symbolism, making his life and deeds the personification of tribal values.

Before the Battle of Little Bighorn, he took part in the ritual Sun Dance (dancing for three days with skewers attached from a pole to his skin), bringing public attention to his vision of a coming battle.

Sitting Bull understood that one does not communicate or motivate all people with the same tools. Some need face-to-face visits, others need to hear public announcements, some react to symbolic gestures, and some are energized in meetings with peers. The success of the Indians at the Battle of Little Bighorn is a tribute to a man who brought multiple tribes and multiple levels within those tribes to focus on a common cause. When Custer made his surprise attack on June 25, 1876, the Lakota and Cheyenne tribes were ready.





Refresh and revitalize, that's our new goal. We want to help organizations of all sizes and types manage conflict, deal with difficult people, and lead organizational change that is responsible to today's realities.

We've updated our website, our logo, and our name.

Use our new **website** to help you define challenges in your organization—**guiding change**, **building teams**, **inspiring others**—and then select one of the programs to address your needs.